

Claims

What is claimed is:

1. A therapeutic device comprising:

a. an outer shell;

b. a plurality of protuberances extending outwardly from said outer shell; and

c. a central core;

wherein said central core is substantially filled with a substance; and

wherein said outer shell is substantially ellipsoid.

2. The device of claim 1, wherein said substance is capable of being cooled and/or heated.

3. The device of claim 1, wherein said substance is permanently sealed within said central core.

4. The device of claim 1, wherein said outer shell comprises a plastic material.

5. The device of claim 1, wherein said outer shell comprises a composite material.

6. The device of claim 1, wherein said outer shell includes at least one material selected from the group consisting of plastic, wood and metal.

7. The device of claim 1, wherein said substance comprises a glycol.

8. The device of claim 1, wherein said substance includes at least one material selected from the group consisting of propylene glycol, ethylene glycol, TEMTRO™ Dry Gel and TEMTRO™ SGP (Soft Gel Pack) Additive.

9. The device of claim 1, wherein said device includes at least one handle attached to said outer shell.